

The Wellness Centre

Drop-In Support Group

Our Mission

is to support, educate and empower those who are affected by or caring for a person with a life-threatening illness.

Our Vision

- An "oasis" of peace and comfort supporting the whole person with respect, compassion and empathy.
- A trusting and accessible place to all people.
- Committed to leadership and innovation in

Thanks

to the generosity of our community we are able to provide you with programs and services free of charge.



The Hospice of Windsor and Essex County Inc.
L'Hospice de Windsor - Essex Inc.

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Windsor, Ontario
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For Information

Phone 974-7100 Ext 2202

www.thehospice.ca



A person facing a life-threatening illness, or a caregiver coping with a patient's needs, often leaves one feeling isolated and unsure of what lies ahead. This program is conducted in an open support group setting where participants:

- Share concerns about life since their diagnosis
- Learn important coping skills to communicate with other patients and caregivers
- Acquire relevant information about diagnosis and illness treatment
- Experience the care and support of others who understand

Date: Tuesday mornings

Time: 9:30 a.m. - 12:00 Noon

Leader: Patricia St. Pierre, MSW.RSW

Location: Dolphin Room at The Wellness Centre

Date & Time are subject to change.

Drop-In Support Group is facilitated by a Hospice Social Worker.